

**Patricia Hanes Meyer, LCSW, BCD, DAPA**

11800 Sunrise Valley Drive • Reston, VA 20191

Office: 703-715-2202 • Cell: 703-627-9825

Fax: 703-715-2202

E-mail: [phm@phmlcsw.com](mailto:phm@phmlcsw.com)

Web: [phmlcsw.com](http://phmlcsw.com)

**Curriculum Vitae**

**2005**

Date and Place of Birth: February 10, 1947; Champaign, IL

**Education:**

B.A., Carroll College, Waukesha, WI, 1969

M.S.W. of Psychiatric Social Work, Catholic University of America, Washington, DC, 1976

**Clinical Experience:**

1976-present:

Private Practice - Individual and Family Psychotherapy; Organizational Consultation;  
Family Meditation

1976-1984:

Clinical Instructor, Department of Psychiatry, Georgetown University Family Center,  
Georgetown University Medical School

Designer/Coordinator, advanced training section of core postgraduate training program

Organizer/Presenter, annual conference on children

Designer/Primary Instructor, community course

Coordinator, Center's weekly consultation conference

Liaison Coordinator, Center's participation in The Georgetown University Hospital  
Mental Health Inpatient Conference

1977-1984:

Advisory Editor, *The Family*, a Journal of Family Systems Theory and Practice

1977-present:

Consultant, Fairfax County Juvenile and Domestic Relations Court

Continuing training activities for original Court Family Systems Therapy Program

1972-1974:

Consultant, Fairfax County Crossroads Drug Abuse Program

Developed curriculum and instruction of nine-month Family Life Education program  
for parents of adolescent program participants.

1970-1977:

Director, Family Therapy, Fairfax County Juvenile and Domestic Relations Court  
Developed and directed LEAA, a federally funded grant program that evolved from pilot project to permanent county program of thirty-five years. Involved in administration, supervision and training for all program aspects.

### **Available Seminars and Lectures:**

“Functional Characteristics of Leaders and Champions”

An all-day seminar based on theory and film clips from the movie, “Gettysburg.”

“The Bowen Theory Concept of Differentiation”

Available as an all-day seminar or 8-session series.

“The Role and Function of a Mission Statement”

Available as an all-day seminar or 8-session series

“The Journey to Solid Self”

Available as an all-day seminar or 10-session series

### **Published Chapters, Videotapes, Articles and Papers:**

#### **Chapters:**

- 2005 “The Therapist’s Own Family,” Collection of Chapters on Bowen Theory, Moscow 2005 (in Russian).
- 1998 “Bowen Theory as a Basis for Therapy,” Clinical Applications of Bowen Family Systems Theory, Haworth Press, Inc., New York.
- 1987 “Patterns and Processes in a Therapist’s Own Family Work: Knowledge Required for Excellence,” The Therapist’s Own Family, Aronson Publishers, New Jersey.
- 1980 “Between Families: The Unattached Young Adult,” The Family Life Cycle, Garner Press, New York.

#### **Videotapes:**

- 1981 Techniques in the Application of Systems Theory Series:  
“The Four Phases of Therapy”  
“The Process of Change”  
“Resistance in Systems Therapy”  
“The Application of Theory”

1980 "Through the Lens of Theory: The Child-Focused Family"

1975 "The Process of Defining an "I Position"

### **Articles:**

2005 "The Importance of the Practice Environment," *Annals, American Psychotherapy Association*, Vol. 8, No. 1, Spring 2005.

1979 "The Legal System and Divorce: Avoiding Chaos, Conflict and Loss of Self-Definition," *Georgetown Medical Bulletin*, pp.16-19, May 1979.

1978 "Talking with Someone Else," *Marriage and Family Living*, pp. 23-25, December 1978.

1978 "Family Systems Therapy," A Path to Coping," *Marriage and Family Living*, pp. 10-13, November 1978.

1978 "Talking with Someone Else," *Marriage and Family Living*, pp. 26-27, October 1978.

1978 "Talking with Someone Else," *Marriage and Family Living*, pp. 22-23, August 1978.

1978 "The Choice in Aging," *The Family*, pp.48-50, Vol. 5, No.2.

1976 "The Education Process: A Vehicle for Bringing Change," *Georgetown Family Symposia*, Vol. 2, Fall.

1976 "The Family and Juvenile Court: A Five Year Report," *Georgetown Family Symposia*, Vol. 2, Fall.

1974 "The Montgomery Family: A Class Study," *The Family*, New York, Vol. 2, No. 1, Fall.

### **Papers (Presented at Professional and Scientific Meetings):**

2004 "Maximizing Therapeutic Results: The Benefit of a Systemic Theoretical Approach," presented to The American Psychotherapy Association, Chicago, IL, October 2004.

2003 "Beyond Psychotherapy: Living Your Unique Self," presented to The American Psychotherapy Association, San Antonio, TX, August 2003.

1983 "An Evolution of Knowledge: A Focus on Reproduction," presented at the 20<sup>th</sup> Annual Georgetown University Family Center Symposium on Family Psychotherapy, Washington, DC, October 1983.

- 1982 "The Impact of Sexual Process on a Developing Relationship," presented at the Georgetown University Symposia on Divorce, Washington, DC, January 1982.
- 1982 "Multigenerational Transmission of Belief: The Contrast Between Self-Directed and Other-Directed Communication," presented at the Fifth Annual Conference on Children, Washington, DC, February 1982.
- 1982 "The Cumulative Effect of Failure to Define a Self in a Life Course," presented at the 19<sup>th</sup> Georgetown University Symposium on Psychotherapy, Washington, DC, October 1982.
- 1981 "Replication, Compensation and Symptom Location," presented at the 18<sup>th</sup> Annual Georgetown University Family Center Symposium on Family Psychotherapy, Washington, DC, November 1981.
- 1980 "Children of Political Families," presented as a workshop for the Wives Club of the 96<sup>th</sup> Congress, Washington, DC, December 1980.
- 1980 "Money as a Reflection of Pseudo-Self," presented at the 17<sup>th</sup> Annual Georgetown University Family Center Symposium on Family Psychotherapy, Washington, DC, November 1980.
- 1980 "Classical Youngest Functioning Characteristics: A Handicap in Bowen Systems Therapy," presented at the Georgetown University Family Center Symposium on Birth Order, Washington, DC, October 1980.
- 1980 "The Family and Delinquency," presented to the Third Annual Conference on Forensic Psychiatry, Rusk State Hospital, Tyler, TX, September 1980.
- 1980 "Ideas on Generational Connectedness," presented to the Third Annual Georgetown University Family Center Conference on Children, Washington, DC, February 1980.
- 1979 "Family Theory and Therapy: Their Policy Implications for Children," presented at the Groves Conference, Washington, DC, April 1979.
- 1979 "The Four Stages of Family Therapy," presented to the Center for Family Consultation, Chicago, IL, April 1979.
- 1979 "The Impact of the Reactive Divorce," presented at Saint Elizabeth's Hospital, Washington, DC, March 1979.
- 1978 "The Legal System and Divorce: Avoiding Chaos, Conflict and Loss of Self-Definition," presented at the Georgetown University Symposium on Divorce, Washington, DC, January 1978.

- 1978 "Emotional Scar Tissue: A Foundation for Divorce," Georgetown University Family Center Conference on Divorce, Washington, DC, January 1978.
- 1978 "Personal Definition in a Work System: A Focus on Principles," presented to the Georgetown University Family Center Conference on Bowen Theory and Organizational Systems, December 1978.
- 1978 "Factors in Human Functioning," presented at the 15<sup>th</sup> Annual Georgetown University Family Center Symposium on Family Psychotherapy, Washington, DC, October 1978.
- 1978 "The Young Hyperactive Child," presented at the Georgetown University Family Center Conference on Children, Washington, DC, September 1978.
- 1978 "Defining a Self in One's Family of Origin," presented at the Ortho meeting, New York, March 1978.
- 1976 "Seminar on Family Systems Theory and the Court," presented as an all-day program for Virginia Juvenile Officers District Conference, Norfolk, VA, August 1976.
- 1976 "Seminar on Bowen Theory and Therapy in a Court," presented as an all-day meeting for the Virginia State Department of Corrections, Richmond, VA, May 1976.
- 1975 "Probation Officers Reprieve: Parental Responsibility in Resolving Delinquency," presented at the Virginia Juvenile Officers Association State Conference, Manassas, VA, September 1975.
- 1975 "Separation and Reconciliation: A Focus on Interdependency," presented at the Medical College of Virginia, Richmond, VA, July 1975.
- 1975 "Birth Order," presented to the Georgetown Family Center monthly professional meeting, July 1975.
- 1975 "Education as a Vehicle for Therapeutic Change," presented to the Society for Family Therapy and Research, Stowe, VT, June 1975.
- 1975 "The Development of Human Values: The Task of the Family," presented at the World Future Society, Second General Assembly, Washington, DC, June 1975.
- 1975 "Juvenile Court: A Focus on the Military Family," presented to the Walter Reed Social Work Service, Walter Reed Medical Center, May 1975.
- 1974 "The Family and Juvenile Court: A Judicial Focus," presented to the Blue Ridge Mountain Juvenile Judges Training Institute, Asheville, N.C., August 1974.
- 1973 "Seminar on Family Systems Theory," presented as an all-day program for the Virginia State District 5 Virginia Juvenile Officers Assn., Charlottesville, VA, November 1973.

- 1973 “The Step Further: A Research Project with Child-Focused Families,” presented at the Georgetown University Department of Psychiatry Annual Family Therapy Symposium, Washington, DC.
- 1973 “Family Systems Therapy Pilot Project,” presented at the Virginia Juvenile Officers Annual Meeting, Roanoke, VA.
- 1973 “Family Systems Therapy Program in a Court Setting,” presented at the Institute for Criminal Justice Executives,” Chicago, IL.

**Research Experience:**

Principle Investigator of research project, “Education as a Vehicle for Therapeutic Change,” Fairfax County Crossroads Drug Abuse Program, 1972-1974.

Research project for thesis, “Birth Order and Juvenile Delinquency: An Attempt at Association,” Catholic University of America, 1976.

**Special Appointments, Honors, Awards:**

2005: Board Certified Diplomat in Clinical Social Work

2000: Strathmore’s *Who’s Who*

1999-present: Diplomat, American Psychotherapy Association

1997- present: *Who’s Who in the South*

1981- present: *Who’s Who of American Women*

1978: Charter Member, American Family Therapy Association